

THE

CHRISTIAN

*L*IFE

God's Love



St Marks Bible Education

A New Life

Week 02

## INTRODUCTION

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*For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.*

**John 3:16**

*“Her papery skin a ghostly, grayish white, her gums bleeding and her heartbeat irregular, Christy Henrich withered to little more than a skeleton. She was engaged to be married and still hadn’t reached puberty at the age of 22, her emaciated body tricked her into perpetual childhood by a self-inflicted starvation diet that led her to death two weeks ago.”*

Christy Henrich, a former Olympic gymnast, died of multiple organ system failure after a decade-long, intense struggle with anorexia and bulimia. Her tragic death was the sad consequence of a ruthless eating disorder that literally devours its victims. Couldn't the same tragedy be said of the millions of people whose hearts and souls are starving for new life in Christ?

Her hunger went beyond the four basic food groups. She was starving for love. For a sense of belonging. Significance. Esteem. Attention. She was starving for everything that the Lord Jesus gives freely in His love and compassion for us. He is the only one who can truly satisfy all of our needs. Material possessions, professional status, relationships, fame or fortune can never give us the truly deep and satisfying quality of life we desire. Our souls can rest in Him. Full. Content. Satisfied.

## MESSAGE

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### **Need For A New Life**

Nicodemus had everything he needed from a \_\_\_\_\_:

- \_\_\_\_\_ – dedicated to observing the Old Testament Law.
- Member of the \_\_\_\_\_ – composed of 70 religious leaders and acted as the supreme court of the Jewish people.
- He was \_\_\_\_\_ – bought an expensive gift to embalm Jesus' body. (John 19:39)

Despite all these outward religious and worldly things he was \_\_\_\_\_  
\_\_\_\_\_ and needed a new life. (John 3:5)

### **Physical vs. Spiritual**

Jesus speaks to Nicodemus about \_\_\_\_\_, but he is unable to understand.

Nicodemus tried to please God by doing \_\_\_\_\_ things.

As humans we are all spiritually \_\_\_\_\_, BUT in Christ we are made spiritually \_\_\_\_\_ (1 Corinthians 15:22)

This takes place when we confess the Lord Jesus Christ as our Saviour. God then makes our human spirit alive to spiritual things and gives us His \_\_\_\_\_ who lives within us. (Ephesians 1:13; 2:4-10)

### **APPLICATION**

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What do the following verses tell you about being born again and the new life that follows?

#### **Ephesians 4:22-24**

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#### **2 Corinthians 5:16-17**

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#### **Colossians 3:9**

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**Galatians 2:20-21**


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Being reborn means that the old \_\_\_\_\_ must die. Think about your views, attitudes and actions. List the differences between your old self before becoming a Christian and your new self that has been born again in Christ.

Old Self

New Self

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**REFLECT**

Place a mark next to the phrase below that best describes your response to the eternal message of the Lord Jesus, "You must be born again"

- I have experienced new birth in my life
- I'm not interested in experiencing new birth at this time
- It sounds interesting, but I really don't understand the concept of new birth
- I'm interested in experiencing new birth

**VERSE TO REMEMBER**

*And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.*

**John 6:35**