



SECURE YOUR FOUNDATION by Bruce Woolard

No structure can withstand the winds of adversity without a solid foundation. Our lives are no different. We must build them on a firm foundation if we expect to withstand the innumerable pressures of daily living. Our lives are similar to a stool that has a base and four legs. The base is our spiritual foundation, which consists primarily of prayer and the Word of God. The legs represent the financial, relational, mental and physical aspects of our lives. Each leg must be strongly connected to our spiritual base in order for it to stand and be strong. Not one leg can stand alone and be disconnected.

For example, the financial leg must be managed according to biblical principles of giving, integrity, hard work and so forth. If not, you will experience stressful situations, such as too much debt, bad business deals and fiscal chaos.

The relational leg must also be handled according to biblical principles or we will not have the power to exercise unconditional love, forgiveness or long suffering. Our mental wellbeing is directly proportional to

the extent to which we embrace God's Word and allow it to regulate our minds and emotions, and keep us in perfect peace. A strongly connected physical leg empowers us to treat our bodies according to the principles of the Word; we get proper rest, eat right and engage in overall health maintenance. You get the picture?

The strength and success of every facet of our lives will be determined by the strength of our foundation. If the base is weak, there is no hope for the legs.

It is no wonder, then, that Satan makes every attempt to prevent us from strengthening our base. We must be diligent to secure our foundation first thing each day before we fall victim to distraction.

*"The one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete."
Luke 6:49*

Self Discovery—reading from Romans 7:21-25

Prayer List

Prayer Changes Things

Denise Kuhn, Peggy Moore,
Diana Callahan & family, Jenny
Thompson, Laura Speed, John
Goldsmith, Brian & Molly
Paddey, Cecily Chase, Diane
Chellew, Marlow family, Merle
Laidlaw.

WA APPEAL!!!

Dear Knitters, we are on the home stretch finalising our jersey outreach to the last two Uviwe ECD's, and we are short of the following size jerseys, etc.

Jerseys	Boy	Girls
2-3 years	x 1	
3-4 years	x 10	x 2
4-5 years	x 6	x 4
Kiddies scarves	x 25	
Mittens	x 28 pairs	

Please would our fabulous knitters help us fill this order by knitting what is short. Enquiries please speak to Val Dunn. Thank you.

be | informed

Wednesday Morning Bible Study

Please be advised the study is in recess and will resume in the new term. Date will be advised in the bulletin.

SUNDAY SCHOOL & CORE go into recess

as the schools close on Friday 20/03. Date when both groups resume will be advised in the bulletin.

WA—LADIES FELLOWSHIP we will be meeting this **Tuesday @ 2:30pm**—all ladies are invited to come along—we look forward to your company.

Coffee & Conversation @ 10:00am

Next date : Friday 27 March

R10.00 for a cup of tea/coffee and cake of the day. A real affordable treat.

ANNUAL GENERAL MEETING

To be held on **Sunday 5 April** directly after the 9:00am service. Be informed—the financial and ministerial report will be presented

EMERGENCY 24/7
REV ANDREW 072 976 9032



Your monthly Planned Giving is of great importance to the active ministry of St Davids. We thank you for your faithfulness. If you do not have a monthly/weekly planned giving envelope, please speak to a Deacon who will assist you.

2 Corinthians 9:7 "So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver."